

Baila Caliente Salsa Syllabus

Level 1

| SHINES | PARTNERWORK |
|---------------|-------------------------------|
| Salsa Basic | Basic Position (Open & Close) |
| Side Step | Single Spot Turn |
| Back Rock | Cross Body Lead (CBL) |
| Right Turn | Basic Right Turn |
| Left Turn | Basic Left Turn |
| Pa' Arriba | Double Spot Turn |

Level 2

| SHINES | PARTNERWORK |
|---------------------------|-----------------------------|
| Suzy Q | CBL Throw Out |
| Suzy 2 | Outside Turn |
| Cross-Cross Suzy | Inside Turn |
| Cross (Triple) Taps | Cross-Handed Outside Turn |
| Toe (Triple)Taps | Dive in Coco Cola |
| Right-Left Turn | Hammer Lock |
| Half Right-Half Left Turn | Hand Toss (Behind the back) |

Level 3

| SHINES | PARTNERWORK |
|---------------------------------|-------------------------|
| Broken Basic (Cuban) | Outside-Inside Turn |
| Right Turn with Sweep | Free Spin |
| Double Right Turn (hook) | Reverse Cross Body Lead |
| Broken Left 1 | Copa (DH and CH) |
| Broken Left 2 | New York Walk |
| Broken Left 3 | Flair |
| Uptown-Downtown | Outta the Way |
| Suzy + | Moving Hammer Lock |
| Walking Hook Steps (Ghetto Fab) | Moving CH Outside Turn |
| Hook Steps | Picalente El Pase |
| Shuffle | Turn Style |
| Circle Basic (Tap/Kick) | CBL Behind the Back |
| Grapevine | Around the World |
| Box GrapeVine | Carousel |
| Swivel | Windmill |

Level-4 shines and turn patterns are created by the instructor. These moves may or may not include turn patterns from levels 1, 2, and 3.

Baila Caliente Bachata Syllabus

Level 1

| SHINES | PARTNERWORK |
|----------------------------|-------------------------------|
| Bachata Basic | Basic Position (Open & Close) |
| Forward Basic | Right Turn (6 Hand Holds) |
| Right Turn | Left Turn (6 Hand Holds) |
| Left Turn | Basket (CH) |
| Step behind & step forward | Basket (DH) |

Level 2

| SHINES | PARTNERWORK |
|------------------------|--------------------|
| Double Tap | Hammer Lock (CH) |
| Reverse Turn | Hammer Lock (DH) |
| ChaCha | 1-4 Concept |
| 3 Tap Ball Change | Dive |
| Ronald | Windmill |
| Slide | Come to me |
| Forward Taps | Push-Pull |
| Lazy Basic | Back-to-Back (L,R) |
| Kick Ball Change | Trap Door |
| Shuffle Basic | Free Spins |
| Swivel | Sunrise |
| Syncopated Ball Change | Double Turns |
| Delayed step | Body Rolls |

Level 3

| SHINES | PARTNERWORK |
|---------------------------|-----------------------------|
| Instructor Created Shines | Instructor Created Routines |
| | |

| DIPS |
|------------------------|
| Back Bend |
| The "U" |
| Around the World |
| Side Lean |
| Side-to-side Back Bend |
| Handle Back (Parallel) |